

# WEEK TWO

## Identifying Non-Linear Information Systems, Safety and Ethics

*Disclaimer: The information shared in this chapter may or may not align with your belief system or experience. You are not asked to believe or disbelieve but only consider the information. If you have had no experience with the challenging energies discussed in this chapter, you are encouraged not to look for them to prove or disprove them for safety's sake.*

*If you notice any of the potential symptoms of lower energies, do not automatically assume it is lower energy from outside yourself or your client. Instead, apply the clearing and cleansing techniques for yourself and your client and the other protocols as necessary, as described later in this course. This is usually enough to neutralize any interference, be it external or internal.*

We'd like to ask you to attend this course with respectful curiosity. However, please allow your concerns, conflicting beliefs, and biases to be expressed. Speak about them, journal about them, and use them as an opportunity to learn more about your truth.

An Exceptional Human Experience Self-Assessment form was emailed to you. Please complete that self-assessment before coming to the Week Two class. The worksheet on the next page is a place for you to journal about your biases, what you are taking away from the assessment results, and a review of your biases.

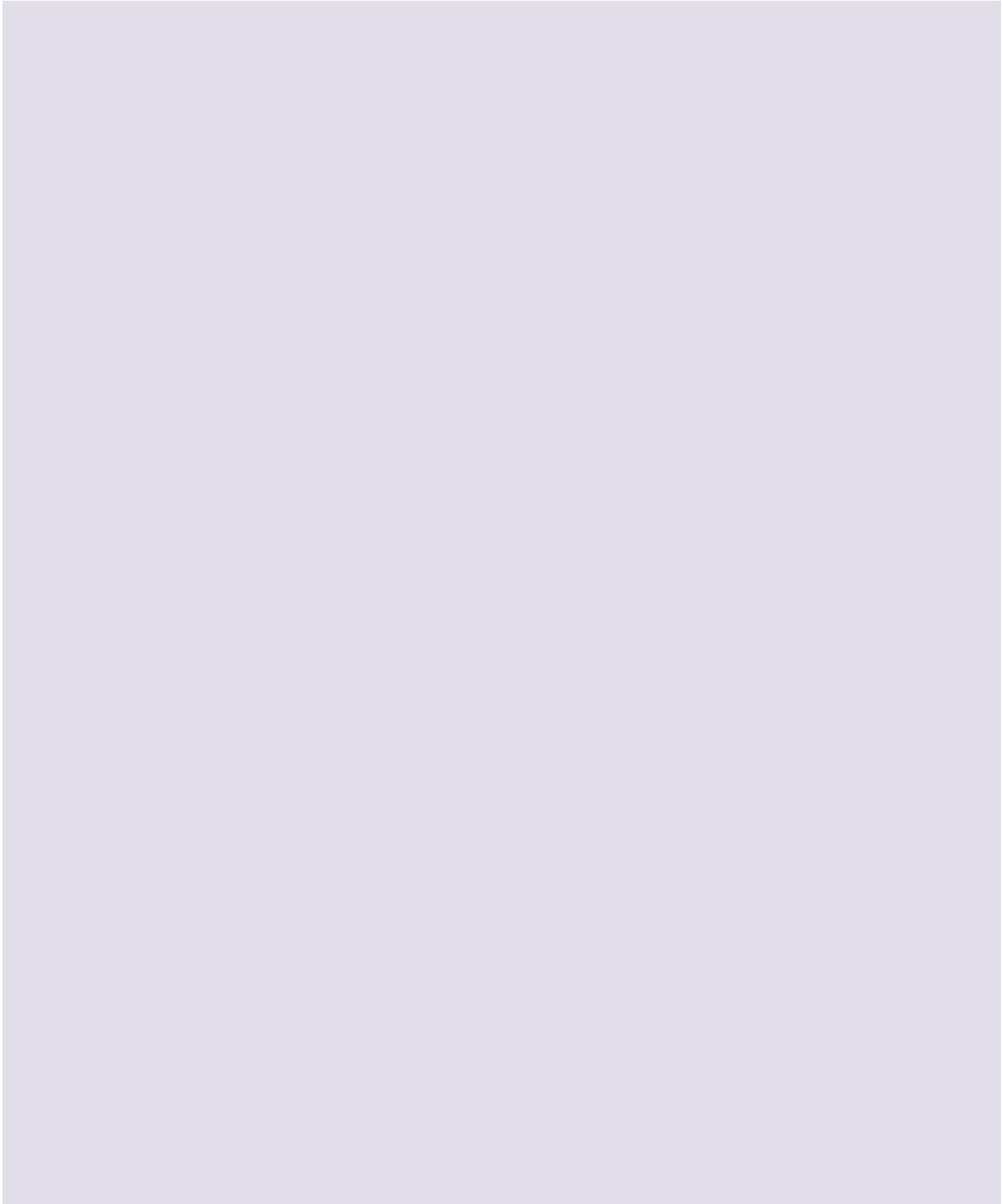
You'll be given time in class to briefly discuss your findings.

**NOTES**

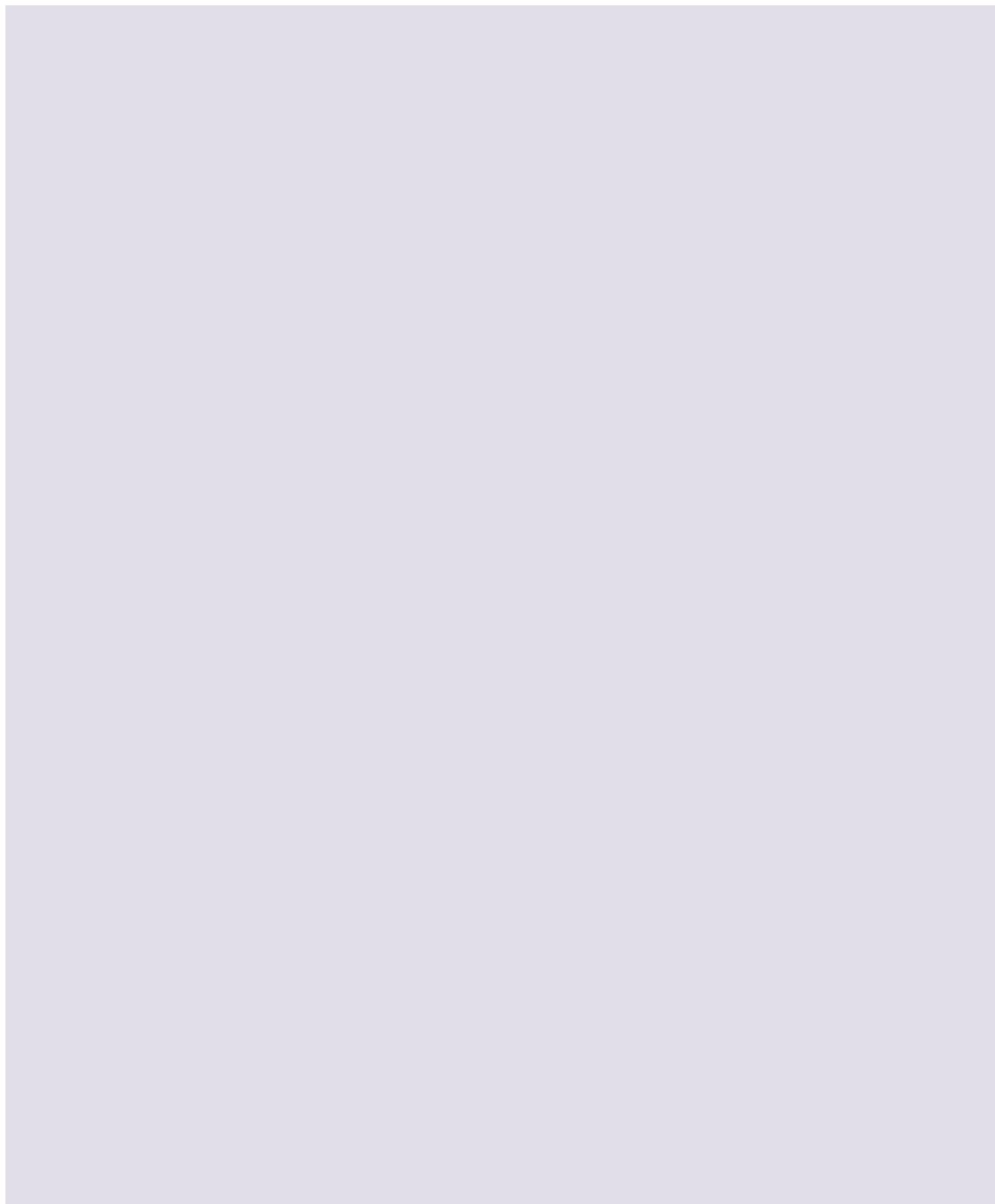


# Exceptional Human Experience Assessment and Bias Review Takeaways

Please complete the Exceptional Human Experience Assessment and this worksheet before the Week Two Class.



## NOTES



## How Information Is Transferred and Why It Is Important in a Plant Ceremony

Mind-altering substances or consciousness-altering activities of any kind reduce energy flow in the left brain and increase energy flow to the right brain. You could call the right brain the innocent child who believes anything adults tell them. In altered states, the brain's right side and the mind are more susceptible to programming and more open to deprogramming. Think of deprogramming as deleting or cleaning the data that causes suffering.

The client's level of consciousness (the combined data/information stored in the field of the client's superconscious, conscious, and subconscious minds), along with their intentions for the ceremony, largely determines their experience in the ceremony. However, plant medicine opens portals to other dimensions beyond the 3D. It can open the door for information, interference, and transference from other realms. These may either innocently leak into the space, be gently offered as support, or there may be an attempt to force the information into the client's or practitioner's awareness.

It is more likely that a practitioner may need to help a client release the attached souls and energies they brought into the session with them than having to deal with external forces. These may be attached to their aura, etheric bodies, or psyche. But it isn't uncommon for intrusive energies to attempt interference in a plant ceremony. When working with people in active addiction, you will definitely have addicted entities attached to the client and have others knocking at the door to contend with if you don't do your work to create a clean, sacred space and properly prepare for the session.

There are many reasons why souls attach to another soul. Most are innocently seeking connection. They may be souls the client knew from this life or even past and future lives, attempting to support the client. Some may have grudges against the client and not be supportive but vindictive. The more benevolent souls may have good intentions. Still, they may keep the client in a state of unrest because they continue to stimulate the data about their lives together, which can intensify grief and emergency emotions, preventing the client from finding peace.

**NOTES**



Information is constantly being transmitted and received by the physical body. The following list are some ways the body communicates with itself and others:

- ✓ Facia
- ✓ Heart-brain coherence
- ✓ Mirror neurons
- ✓ Biophotons
- ✓ Hormones, neurotransmitters, neuropeptides
- ✓ Central Nervous System
- ✓ Parasympathetic Nervous System
- ✓ Epigenetics

Energy does three things: circulates, integrates, or stagnates.

The external 3D information that we pick up on in our bodies is our emotions, memories, thoughts, other people's emotions, thoughts, and even information transmitted through TV, radio, Wi-Fi, and the collective unconscious.

Mystics and sensitives for thousands of years have described the energy that courses in and through our physical bodies. There are several systems to help us understand what these fields are and how to work with them. Some have existed for thousands of years, and some long before that. In our modern age, new energy-healing modalities are being created every few years, from Energy Kinesiology to Therapeutic Touch to Integrated Energy Therapy. Some adopt the ancient understanding of energy fields, and some founders of new energy healing modalities believe they have received new or more expanded information about these systems.

Our energy fields constantly send and receive information, and we are inundated with it. Information can become a program, create patterns of thinking and acting, imprint a person's memory, implant energies and beliefs, and leave traces of emotional and mental shadows.

Other non-linear communication channels influence how we think, feel, and experience life. Non-linear information also happens all the time. But, not everyone experiences, picks up on, or is susceptible to these transmissions.

Consciousness exists in various species at varying levels of cognition and not just on the earth plane. Whether you believe in past lives, parallel lives, future lives, lives between lives, etc., or not, you will be working with people who do. For this reason, it's vital to understand these belief systems and experiences to examine how you feel about working with these beliefs in others and determine if you want to work with that population.

**NOTES**



# Non-Linear Information Systems

- ✓ Ancestral Communication
  - Epigenetics
  - Usually influences forward and backward for nine generations
  - May or not have had direct contact with them in this life
  - May come from past lives/future lives
- ✓ Nature Spirits - also known as Elementals
- ✓ Departed loved ones
  - Family and friends from this life that they had direct contact with
- ✓ Addicted soul - a soul that is addicted to the incarnating soul and attaches at birth to the physical host
- ✓ Double Addicted Souls - both souls are addicted to each other
- ✓ "Lost" Souls - lost or stuck souls due to fear, disorientation, guilt, and shame, or just curious and wanting to keep experiencing something before moving on to their next level of learning. Souls that get lost or trapped in a dimension do so for the following reasons:
  - Due to trauma, confusion, fear, guilt, or shame.
  - They may intentionally hide from the Light and their helpers because they fear being judged harshly and sent to hell.
  - They may experience so much guilt and shame that they feel unworthy of help.
  - They may not have believed in an afterlife and are confused or believe they are still in a physical dimension.
  - They may intentionally choose to stay to help a loved one still in the body.
  - They can be trapped in a multitude of other dimensions or astral planes besides the Earth plane.
- ✓ Interdimensional beings - i.e., angels, guides, teachers, counsels, aliens
- ✓ Entities with too low a consciousness to be incarnated on Earth
- ✓ Thought forms - packets of biophotons
- ✓ Dark energies - Dark, lower astral energies and beings. Their information may be transmitted through waves or biophotons.
  - Lost souls who have forgotten their goodness and believe they are dark; usually all have been human but may have come from other realms
  - They can be dark beings who never incarnated in human form with varying degrees of lower intention
  - Some are identified as satanic or demonic. Satanic energies attempt to rule the physical body, such as an incubus or succubus. Demonic energies attempt to rule and torture the mind.

**NOTES**



## Types of Interference

Not all information is disturbing or challenging. Our brain and reticular activating system are excellent at discarding and paying attention to the most critical and salient signals for our survival. But during plant ceremonies, our brains are more acutely open and susceptible to information that we may not have access to during regular waking hours.

Like everyday 3D communication, non-linear communication can be helpful or unhelpful. It is helpful if it helps us understand, learn, and grow, and unhelpful if it derails us from what is important and causes suffering. As a plant medicine practitioner, your job is to ensure your client is free from as many sources of non-essential information as possible to have a clean, pure connection to the medicine and the healing intended in each session.

There are seven primary sources of non-linear interference:

- Souls attached to the client
- Double addicted souls
- Lost souls seeking healing
- Interdimensional beings who can either be helpful or unhelpful
- Lower astral or dark energies and entities either attached to the client, attempting connection, or energies stuck in the body
- Departed loved ones
- Psychic attack

## What Causes Interference?

The first cause is a lack of awareness or not believing the problem exists. This prevents a person from taking appropriate precautions.

The second cause is a lack of personal responsibility for one's emotional and mental state. This keeps a person from developing emotional skills, maturity, and mastery, which may keep feeding the interference.

The third cause is that often, healers and helpers of any kind, traditional Western healers, such as medical professionals, lawyers, clergy, etc., and non-traditional healers, energy healers, and reiki practitioners can all frequently attract non-linear others seeking healing while working on their clients. Once a practitioner prepares for work, it signals to the non-linear realms that you are open for business. This sends a beacon of energy to those in non-linear realms seeking support.

**Most people are unaware of the problem and wouldn't even believe it existed if they heard about it. Healers, energy workers, and plant medicine practitioners who are not aware of nonlinear interference are put at a greater risk for emotional and psychological harm, addictions, relationship challenges, and other problems than those who are aware of the potential.**

**NOTES**



## **What Causes Interference, Continued**

Any attachment to a need, emergency emotion, greed, strong unmet need, or any aspect of the unhealed psyche creates openings in the etheric body and aura, a chink in your armor that can be used against you. Think of emotional unrest and lack of ability to accept responsibility as a loop on a piece of Velcro that an energy or entity can attach to.

There will always be intentional and unintentional attempts to interfere with your peace and well-being. Normal human life is challenging during the best of times. As a mental health professional, healer, or trip-sitter, it is advised that you adopt a 100% responsibility mindset for your attitudes and emotional and mental well-being to minimize potential harm arising from your profession.

It is one thing to be aware that there is an attempt at interference and another thing to have been interfered with. The only way to prevent successful interference is to accept 100% responsibility for your well-being. This is an extremely difficult and advanced psycho-spiritual process and requires patience, self-forgiveness, and compassion. It is also not a path to be taken alone. It is important to have a strong personal and professional support team at your side if you are to be a plant medicine practitioner and practice 100% responsibility.

**What's coming up for you right now?**

**What questions do you still need to be answered?**

**How do you see this information being relevant to your practice?**

**How is it not relevant?**

**How is this information challenging you?**

**NOTES**



# The Ethics of Working with the Interference of Non-Linear Others

The practitioner prepares and maintains an energetically safe healing space by creating and using their Arcana.

The practitioner must bring a clear intrapsychic space into the healing session.

The practitioner does not make decisions for a non-linear other who has joined the ceremony. If you can intuit that the non-linear other is helpful, do not interfere with its presence. In some cases, souls are permitted to be with their loved ones for a time after their physical death and to come back, check on them, and support them in various ways. If it is appropriate for them to be with the client after the session, we trust their support team will help them respectfully leave the healing space and then support them in returning after the client is complete.

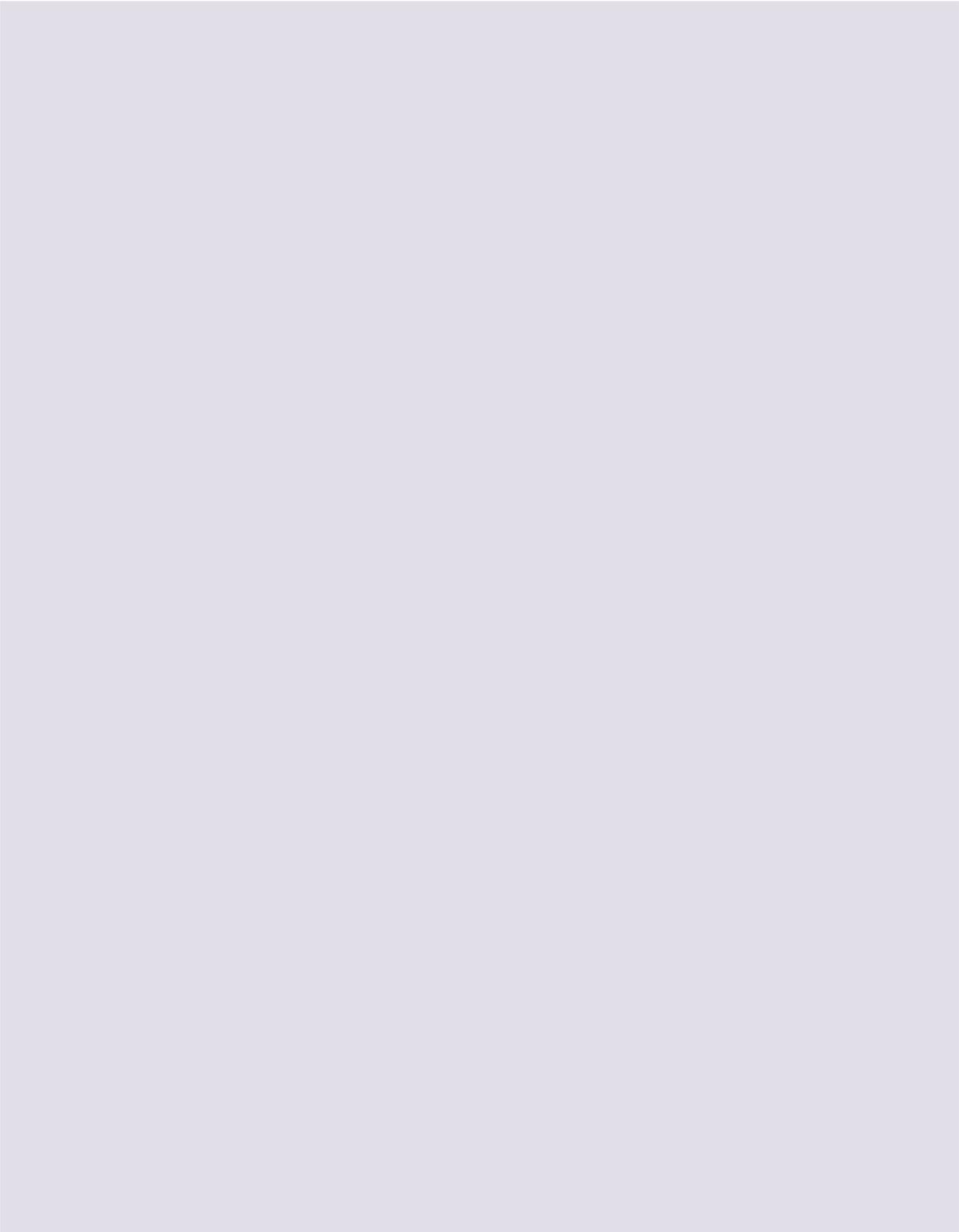
If you intuit a non-linear soul (one that lived in the earth plane) has entered the room or attached to the client, do not make decisions for them. If you can intuit that it is an entity with unhelpful intentions, call upon their angels, ancestors, and guides to help them out of the healing space using the clearing statement on page 29.

Sometimes, this does not work, and stronger measures must be employed. Usually, this is a problem with lower astral and dark energies and occasionally addicted souls of all types. In the case of dark energies, you have permission to protect your space as needed. It is best to ask your spiritual team to do the work for you to protect yourself from retaliation from these entities. Your High Self and your Spirit helpers make the most effective clearing team. But at any point that you feel a personal attack, employ the strategies listed in Week Three of his course.

Ask for their sins to be forgiven even if you do not believe in sin as it is traditionally taught because you do not know the soul's beliefs regarding sin and punishment. Even people who didn't believe in hell or punishment while living on Earth can become scared of punishment after they leave the Earth plane for various reasons and adopt the belief in the harsh consequences of sin.

The general clearing statement given in Week Three covers all of these scenarios, but if you intuit that it is simply a loved one or non-linear other that has permission to be with the client, simply ask their team to have them leave the healing space until the client is complete and ready for their energy. Some traditions allow people to bring their Spirit helpers into the session with them. In these cases, it is appropriate for you to ask permission to work with them as a team. You would do this in the pre-session preparations by asking your client if they work with Spirit helpers and if they want you to invite them to work with you in the healing session.

**NOTES**



## The Ethics of Energy and Prayer Work for Clients

If you do not publicly advertise your energy work, be sure to share with clients what your services are and how your energy work services may complement the medicine journey.

Even if you are a trained energy worker, Reiki practitioner, or trained in another type of healing process, do not work on your client without their permission.

Do not pray for a person without their permission, and be sure to only pray for what they want. Keep your mind clear during prayer. Pay attention to what you are projecting to the client through your prayer.

Recognize and work within the limits of your competence, and refer to another practitioner or other source if necessary.

Maintain client confidentiality in accordance with your state laws.

Refrain from diagnosing and prescribing.

Follow client-practitioner boundaries, establishing guidelines for therapeutic touch that the client signs an agreement for. Make sure you include a clause that states the client can change or revoke their permission at any time and is free to communicate that to you.

**NOTES**

